

Since Pakistan is a Muslim country, we accept students who are married and have a kid throughout their studies. We do not accept incidents in which students are offered pregnancy test kits or other medical procedures without marriage because our religion does not allow it. We do, however, handle student situations that are legally important and can be resolved even if they are not married.

The following our services are;

Students Can Get Reproductive Health Care

Access to comprehensive sexual and reproductive healthcare services, as well as correct information and education, is critical in empowering individuals to make educated decisions about their health and well-being in today's changing environment. We are committed to creating a safe, inclusive, and supportive environment for all of our students at our institution. We recognize the significance of sexual and reproductive health and are committed to providing a variety of services, information, and education to meet the different needs of our student population.

1. Accessible Healthcare Services

We prioritize our students' physical and emotional well-being by providing on-campus sexual and reproductive healthcare services. Our caring healthcare specialists offer discreet consultations, regular check-ups, and a variety of treatments such as contraception, STI testing and treatment, pregnancy testing, and counselling. We make ensuring students have easy access to medical care, encouraging them to take a healthy and responsible attitude to their sexual and reproductive health.

2. Comprehensive Information and Education

Making responsible decisions requires knowledge. We provide comprehensive sexual and reproductive health education programmes that include a wide range of issues such as safe sex, contraception alternatives, STI prevention, consent, and healthy relationships. Workshops, seminars, and awareness campaigns are held on a regular basis to provide accurate information and encourage open debates about these important topics. Our mission is to provide students with the information they need to make informed decisions that will lead to healthier and safer lifestyles.

3. Counseling and Support

Navigating sexual and reproductive health issues can be difficult, and we recognise the significance of emotional assistance at these times. Our dedicated counselling services offer students a secure location to express their concerns, ask questions, and seek help. Our counsellors are trained to provide compassionate, nonjudgmental help, ensuring that each student feels heard, appreciated, and supported in their decisions.

4. Privacy and confidentiality

In all of our sexual and reproductive healthcare services, we adhere to the strictest confidentiality and privacy requirements. We recognise the sensitivity of these issues and ensure that all interactions, consultations, and medical records are handled with the highest discretion. Students can seek assistance without fear of being judged or infringing on their privacy.

5. Community Engagement and Collaboration

We believe in the value of community involvement and collaboration. We broaden our resources and provide additional support to our students by collaborating with local healthcare organizations and advocacy groups. We can provide a greater range of services, such as specialized medical care, counselling, and access to support networks, by working together.

Breastfeeding Awareness Campaign

Department of Community Medicine arranged a breastfeeding awareness campaign at FMC in collaboration with UNICEF and Nourish MAA on 24 August 2023

Student 1st Year MBBS participated in poster-making competition and Videography. The team of Nourish Maa delivered lecture on the importance of Breast Feeding.





Breast Cancer Awareness

Every October, Air University's constituent College Fazaia Medical institution commemorates Breast Cancer Awareness in order to raise awareness of the disease's causes in both men and women as well as possible preventative measures.

